# Myland – WINTER 2026 Menu – Week 3

**Choose from the Main Dinner, Vegetarian Option or the Other Choice of the day**

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|
| **Main Dinner**<br>Fresh Margherita Pizza<br>D G | **Main Dinner**<br>Oven-Baked Pork Sausage<br>G S | **Main Dinner**<br>Roast Chicken | **Main Dinner**<br>Homemade Popcorn Chicken with Homemade Tomato Sauce<br>G | **Main Dinner**<br>Baked Fish Fingers<br>F G |
| **Vegetarian Option**<br>Cheese and Onion Roll<br>D G S | **Vegetarian Option**<br>Vegetarian Sausage and Chickpea Ragu<br>S | **Vegetarian Option**<br>Garlic and herb Quorn fillet | **Vegetarian Option**<br>Popcorn Quorn Fillet with Homemade Tomato Sauce<br>G | **Vegetarian Option**<br>Sweet Potato Rosti<br>E |
| **Served With**<br>Hot Pasta Salad<br>Sweetcorn<br>G | **Served With**<br>New Potatoes<br>Baked Beans<br>Broccoli<br>Gravy | **Served With**<br>Roast Potatoes<br>Carrots<br>Cabbage<br>Gravy | **Served With**<br>50/50 Rice<br>Green Beans | **Served With**<br>Chips<br>Peas |
| **Other Choice**<br>Jacket Potato with Cheese, Baked Beans or Tuna Mayo Served with salad<br>D F | **Other Choice**<br>Jacket Potato with Cheese, Baked Beans or Tuna Mayo Served with salad<br>D F | **Other Choice**<br>Jacket Potato with Cheese, Baked Beans or Tuna Mayo Served with salad<br>D F | **Other Choice**<br>Jacket Potato with Cheese, Baked Beans or Tuna Mayo Served with salad<br>D F | **Other Choice**<br>Jacket Potato with Cheese, Baked Beans or Tuna Mayo Served with salad<br>D F |
| **Dessert Options**<br>Fruit Salad | **Dessert Options**<br>Chocolate Courgette Cake<br>E G | **Dessert Options**<br>Fresh Fruit | **Dessert Options**<br>Fruit and Custard<br>D | **Dessert Options**<br>Sticky Chocolate Brownie<br>E G |

*Salad Bar / Fresh Bread / Fresh Fruit / Yoghurt* ***available every day*** *- Choice of drink - Milk or Water*

**ALLERGENS:**
**D contains dairy**
**E contains egg**
**F contains fish**
**G contains gluten**
**S contains soya**